

What to Bring on Camp

<p><u>Clothing</u></p> <ul style="list-style-type: none"> • Set of clothing for each day at camp • Shorts or pants • Shirts must cover shoulders and waist • 1 spare set of clothes • Jumper and waterproof jacket • Socks for each day • Underwear for each day, including spares • Pyjamas • Modest Swimming attire, sunproof shirt • Closed in shoes • 1 pair of old shoes if doing water activities • Beach towel <p><u>Personal Hygiene</u></p> <ul style="list-style-type: none"> • Garbage bags for dirty and wet laundry • Toiletry bag, soap, toothbrush & toothpaste, comb/brush, deodorant (roll-on - no aerosols) • Sanitary Items • Medication & Medical instructions, if relevant (discuss with teachers) • Bath towel 	<p><u>Safety</u></p> <ul style="list-style-type: none"> • Sunscreen (SPF 50+ recommended) • Insect Repellent (roll-on - no aerosols) • Hat (broad brimmed) • Torch • Water bottle • Hair ties • Hand Sanitiser <p><u>Linen (Available for hire if required)</u></p> <ul style="list-style-type: none"> • Pillow with pillow case • Flat single or double sheet for bed • Sleeping bag or Blanket <p><u>Group leader / Supervisor / Teacher</u></p> <ul style="list-style-type: none"> • First Aid Kits, medication & medical information • Group Lists & medical forms • Sanitiser • Spare hats, water bottles, garbage bags, tissues • Mobile for use in after-hours emergencies & charger
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It is advisable not to bring any valuable items to camp.

Alexandra Park Conference Centre accepts no responsibility for loss or damage of personal items

